Exploring the Role of Physical Therapy in the Treatment and Prevention of Childhood Obesity:
*Clinical Practice, Educational Curriculum & Research Agendas*

October 12, 2013 – October 13, 2013
Emory Conference Center and Hotel
13.0 Continuing Education Hours (1.3 CEU)

**Description and Mission**

The goal of this symposium, *Exploring the Role of Physical Therapy in the Treatment and Prevention of Childhood Obesity: Clinical Practice, Educational Curriculum and Research Agendas*, is to convene experts in physical therapy practice, education and research to examine the scope and impact of the obesity epidemic (including topics of healthcare reimbursement, interdisciplinary team planning, and limits in curriculum); share existing, innovative models of prevention and treatment; and finally to develop strategic action plans to guide the profession’s role in addressing childhood obesity. The ultimate outcome of this symposium is to increase awareness of the role of the physical therapist in the prevention and treatment of childhood obesity, to create models for change within physical therapy practice and curriculum, and to identify strategies for implementation of generated action plans.

**Mission:** To convene a unique symposium addressing the role of physical therapy in the growing epidemic of childhood obesity. An expert panel of interdisciplinary leaders will share innovative models for practice, including prevention, academic and clinical education, and research. In addition to formal presentations, participants will be asked to actively contribute to panel discussions. Panel leaders will foster dialogue to explore and expand the role of the physical therapist as part of a collaborative response to optimize movement and the quality of life for children confronted with obesity. The primary goals of the symposium are to increase awareness of the roles of physical therapist in childhood obesity and to generate recommendations to guide physical therapy curriculum, research agendas, clinical practice and health care policy.

**Symposium Objectives**

*Upon completion of this symposium, participants will be able to identify the following:*

1. Review etiology and societal impact of childhood obesity, including the health conditions and contextual factors of health that underscore this epidemic.
2. Identify effective interdisciplinary models of care to address prevention and treatment of childhood obesity.
3. Discuss individual and population based/public health approaches to prevention and management of childhood obesity.
4. Recognize and analyze changes in healthcare due to reform efforts that affect both practice and payment in the area of childhood obesity.
5. Discuss potential changes to physical therapy curriculum to enhance clinical skills and knowledge in management of childhood obesity including health promotion, wellness and prevention strategies, family centered service delivery models, health behavior approaches and effective procedural interventions.
6. Develop strategies for changes in practice based on current evidence.
7. Propose patient centered research agendas to develop effective interdisciplinary programs for childhood obesity treatment and prevention.

**Program Agenda**

**Saturday, October 12, 2013**

7:30-8:30 AM
Breakfast and Registration

8:30-8:45
Introduction to importance of role of Physical Therapy (PT) in Childhood Obesity
*Paul Rockar, PT, DPT, MS, President, American Physical Therapy Association (APTA)*

8:45-9:15
Childhood Obesity and Future Research Agendas: Perspectives from NICHD
*Yvonne Maddox, PhD, Deputy Director, Eunice Kennedy Shriver Natl Institute of Child Health and Human Development*

9:15-10:00
Childhood Obesity and Societal Impact: Perspectives from the CDC
*Jennifer Seymour, PhD, Senior Scientist for Policy Initiatives, Division of Nutrition, Physical Activity and Obesity, Center for Disease Control and Prevention*

10:00-10:30
Affordable Care Act: Implications for Childhood Obesity
*Mandy Frohlich, Senior Director Government Affairs, APTA*

10:30-10:45
Break

10:45-11:30
Perspectives from Academy of Nutrition and Dietetics Foundation
*Katie Brown, EdD, RD, LD, National Education Director, Academy of Nutrition and Dietetics Foundation*

11:45-1:00 PM
Lunch (on your own)

1:00-1:45
Collaborative models addressing obesity in clinical practice: Opportunities for Expanding Roles and Interdisciplinary Collaboration
*Panel:* Stephanie Walsh, MD and Strong4Life group; Cheryl Resnik, PT, DPT, MSHCM – University of Southern California Fit Families pro bono clinic

1:45-2:30
Obesity Research Agendas: Opportunities for Exploration
*Panel:* Margaret O’Neil, PT, PhD, MPH; Brian Wrotniak, PT, PhD; and Thubi H.A. Kolobe, PT, PhD, FAPTA

2:30-2:45
Break

2:45-3:30
Physical Therapy Education: Opportunities for Change
*Panel:* Benjamin Rogozinski, PT, DPT, Margaret O’Neil, PT, PhD, MPH and Brian Wrotniak, PT, PhD
3:30-4:00
Physical Therapy in the Schools Systems: Opportunities for Impact
Joan Bohmert, PT, MS

4:00-5:00 PM
Plan Breakout groups: Research, Education, Clinical Practice, Health Policy-Advocacy

Saturday Evening

7:30 PM - 10:30 PM
Farm to Family Dinner and Silent Auction

Emory University Division of Physical Therapy and Georgia Organics cordially invite you to attend this fundraising event to benefit the research initiatives of the Foundation for Physical Therapy. The evening will include a “Farm to Family” themed dinner and silent auction.

James B. Williams Medical Education Building, Margaretta Taylor Lobby, 100 Woodruff Circle, Atlanta, Georgia 30322
Adults: $65.00; Students: $25.00
Cocktail attire

If you plan to attend both the Symposium and Fundraiser, please register for both at:
http://www.rehabmed.emory.edu/pt/ce/courses.shtml

If you plan to attend only the Fundraiser, please register at:
http://alumni.emory.edu/farmtofamily

Lodging is available at the Emory Conference Center and Hotel, 1615 Clifton Road, NE, Atlanta, GA 30322 (phone: (404) 712-6565; website: http://www.emoryconferencecenter.com/) We have reserved a block of rooms at the discounted rate of $119.00/night. Ask for the “Physical Therapy and Childhood Obesity” conference package. The rate is based upon standard occupancy per bedroom.

Sunday, October 13, 2013

7:30 – 8:00 AM
Breakfast

8:00 AM - 12:00 PM
Break-Out Groups

Research: Leader - Brian Wrotniak, PT, PhD; Facilitator - Marc Goldstein, EdD
Clinical Practice: Sheree York, PT, DPT, PCS; Facilitator – Joan Bohmert, PT, MS
Education: Leader - Margaret O’Neil, PT, PhD, MPH; Facilitator - Colleen Kigin, PT, DPT, FAPTA
Health Policy and Advocacy: Leader – Cheryl Resnik, PT, DPT, MSHCM; Facilitator - Mandy Frohlich

12:00 -1:30 PM
Lunch (on your own)

1:30 - 3:00 PM
Summary of Break-Out Groups/Conference
Leaders present summary action plans

3:00 – 3:30 PM
Conclusion
Future Action
Symposium Tuition
Before September 20, 2013
APTA Member: $295.00
Non-APTA Member: $325.00
Licensed PTA: $275.00
PT Student: $50.00
After September 20, 2013
APTA Member: $325.00
APTA Non-Member: $350.00
Licensed PTA: $300.00
PT Student: $65.00

Symposium Registration
Please register online at:
http://www.rehabmed.emory.edu/pt/ce/courses.shtml

Symposium Location
Emory Conference Center and Hotel
1615 Clifton Road, Atlanta, GA 30329
(404) 712-6565
http://www.emoryconferencecenter.com/

Travel and Accommodations
Guests of the Symposium may reserve over-night accommodations at the Emory Conference Center and Hotel (ph: 404-712-6565; http://www.emoryconferencecenter.com). Please request the discounted “Physical Therapy and Childhood Obesity” conference rate of $119.00 per night*.

**Rooms are reserved on a first come basis. Please reserve your hotel accommodations as early as possible**

Please visit our website for information regarding travel and additional hotel accommodations:
http://www.rehabmed.emory.edu/pt/ce/directions.shtml